

## **2009 APPLICATION PROCEDURE FOR A F1 SUPERLICENCE**

10.1. A super licence is required for Formula 1 together with the NA international licence. No other membership is required.

10.2. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce two satisfactory medical certificates ; one from his own personal doctor, and the other from a doctor approved by the UIM.

10.3. The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the U.I.M. Superlicence must come from the N.A. which issues the international racing licence.

10.4. Drivers must hold a U.I.M. superlicence before entry will be accepted.

10.5. Any new driver must be vetted during practice by the two U.I.M. Commissioners and the Formula 1 drivers representative to the U.I.M.

10.6. To obtain a superlicence, a driver must have participated in 6 circuit races using a catamaran type hull (750cc minimum) or a hydrocat (500cc). Definition of a race during a race weekend, even if several heats are taking place, is that the race weekend with all heats or races is counting for one race only. The National Authorities are fully liable for the sports c.v. they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

The superlicence is provisional for the first 10 races and can be withdrawn at any time during the first 10 races by a committee composed by the OOD, the permanent Formula 1 Commissioner and the Drivers representative. When a provisional superlicence is withdrawn, re-application can only take place for the next season. The decision on all matters concerning superlicenses is final and cannot be protested or appealed.

10.7. The application for a superlicence must be made by the National Authority of the driver concerned and lodged with the U.I.M. 4 weeks before the first event the driver wants to participate in. The superlicence fee of 120 Euro will be doubled for applications received beyond the 4 weeks deadline.

The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
  - A U.I.M. medical document, as per appendix to these rules, giving the information required by the U.I.M. rules 205.03 / 205.04 / 205.04.1

## General Recommendation for F1 superlicence holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. twice a week – minimum 20 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
- Training to build up muscles for neck and back at least twice a week.

- The immersion certificate (ref 205.05)
- A photograph
- The fees will be fixed by the Council **(120 euros for 2009)**
- A current rule book will be given to the driver along with the superlicence.

The National Authorities are responsible for the information given.

10.8. Superlicence application will be examined by Formula 1 Daily Management Committee who will decide on its acceptability .

10.9. The superlicence will be valid for 1 year (from January 1st or from the date of issue to December 31st).

10.10 For renewal of superlicences, the National Authorities must, before the end of December, send the U.I.M. a list of the drivers for whom a renewal for the following year is required.

10.11. Each team will appoint one team manager who will be responsible for obtaining a team licence from the U.I.M. for his team, as well as ensuring that the drivers obtain their superlicences from their N.A.'s. He will also be responsible for enrolling his two boat team in the Championship and for all dealings (contractual, financial) with the U.I.M. and IDEA MARKETING.

He will also be responsible for the behaviour of his team members and his name will be mentioned on the U.I.M. Team Licence.

**Superlicence fee must be transferred on the following U.I.M. bank account :**

**Bank L.C.L. (Le Crédit Lyonnais)  
Monaco Les Moulins  
98000 Monaco**

**IBAN N°      MC36 3000 2054 3000 0007 0044 N44  
BIC N°        CRLYFRPP**

**Please mention on the bank transfer the superlicence category and the driver name**

205.03 - MEDICAL EVALUATION SHEET

Established at \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Surname \_\_\_\_\_

Born in \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Status \_\_\_\_\_ Profession \_\_\_\_\_

Date of first involvement in the sport \_\_\_\_\_

Other sports practised \_\_\_\_\_

PRESENT STATE OF HEALTH AND FORMER DISEASES

Disease  
\_\_\_\_\_

With special mention of \_\_\_\_\_

Cardiopathy  Coronary  Trouble Diabetes

Epilepsy  High blood pressure

Operations undergone previously \_\_\_\_\_

Dates of these operations \_\_\_\_\_

Accidents (when, where, under which circumstances) \_\_\_\_\_

Alcohol \_\_\_\_\_ Tobacco \_\_\_\_\_

Allergies \_\_\_\_\_

Medicines usually/frequently taken \_\_\_\_\_

Signature of the interested person \_\_\_\_\_

205.04 - GENERAL OBJECTIVE EXAMINATION

Height \_\_\_\_\_ Weight \_\_\_\_\_

Congenital or acquired deformities \_\_\_\_\_

Respiratory system \_\_\_\_\_

Spirometry \_\_\_\_\_

FVC \_\_\_\_\_ FEV1 \_\_\_\_\_

Cardiovascular system \_\_\_\_\_

Blood pressure \_\_\_\_\_

Heart frequency at rest \_\_\_\_\_ after stress \_\_\_\_\_

Electrocardiogram at rest and after stress (see 205.04.1) \_\_\_\_\_

Sight-testing a) Faculty of vision \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

with correction \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

b) Vision of colours

Hearing testing \_\_\_\_\_ Rh \_\_\_\_\_

Urine : Albumine \_\_\_\_\_ Sugar \_\_\_\_\_

Signature of the doctor \_\_\_\_\_

Name in capital letters \_\_\_\_\_

Degree \_\_\_\_\_

Address \_\_\_\_\_

Tel/Fax \_\_\_\_\_

Aptitude assessment \_\_\_\_\_

## 205.04.1 - ADDITIONAL ITEMS FOR SUPER-LICENCE

1 electro cardiogram and stress effort each year

Clinical medical stress test: Electrocardiogram performed under stress in a sitting "position" or on a tread mill starting at 50 watts and increasing by 25 watts every two minutes (or equipment test). The driver must be capable of reaching 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

1 exhaustive opthalmological check-up, tested and certified by a professional ophthalmologist to be renewed every five years and after skull trauma.

## 205.05 - IMMERSION TEST

Competitors taking part in a race and using a reinforced cockpit as defined in rule 509, must have a certificate of underwater training. This is given by a National Authority and includes an immersion test in a simulated reinforced cockpit. All tests must include demonstrating the drivers ability to use the air supply successfully under water in simulated accident conditions. The immersion test is only valid for 14 months. A model for the certificate and instructions of how to perform an immersion test are available at the U.I.M. Secretariat.



U.I.M. SUPERLICENCE MEDICAL CERTIFICATE  
FOR ALL FORMULAE DRIVERS

I, Doctor..... Specialist in .....

Hereby declare that Mr .....

Born in ..... On .....

Nationality ..... Passport number .....

Has carried out the medical examination as in 205.03 / 04 of the U.I.M. Circuit Rules.

In addition, Mr ..... has carried out the additional items indicated  
at rule 205.04.1 of the U.I.M. Circuit Rules.

The results of the tests are normal and I therefore declare the driver eligible for racing.

The reports of the tests carried out can be consulted in the next five years at my surgery.

This certificate is valid for one year from today's date.

Date .....

Stamp with address of the doctor  
Or of the Clinic

Signature of the Doctor

GENERAL RECOMMENDATION FOR ALL FORMULAE SUPER LICENCE HOLDERS

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. twice a week – minimum 20 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.

- Training to build up muscles for neck and back at least twice a week.



IMMERSION TEST CERTIFICATE  
VALID FOR 2009 RACING SEASON

Name / Surname .....

International licence n° .....

This is to certify that the above mentioned licence holder has satisfactorily performed an immersion test as required by the UIM rules on the date of .....

This certificate is valid for 14 months from the date of issuing.

According to rule 205.05, please note that all tests must include demonstrating the drivers ability to use the air supply successfully under water in simulated accident conditions.

A large, empty rectangular box with a thin black border, intended for the signature of the N.A. Official.

Name & signature of N.A. Official

A large, empty rectangular box with a thin black border, intended for the official stamp of the N.A. Official.

Stamp of N.A.

Date : .....

This certificate has to be produced whenever required by a race organiser